



## “Memorable learning Experience & A journey to Hussaini Blood Bank.”

After completing my inter (all my friends including me waiting for result) most of my friends have a plan in their mind for future

In May when I was busy in preparation for my exams. My brother shared that hussaini foundation offered a volunteering program in summer break. Are you interested? He asked, I've not given any positive response, but when he said, they gave you a chance for teaching, then I made my mind to fill the form and try my luck. On the other side I don't know why I was a little worried that I would get a response or not? I filled the form and also got the good response and got a chance. NOT for teaching but I think that chance was much better for my own learning.

The chance was..... volunteering program at Hussaini Blood Bank. I know you all are thinking, what I have learned from there?

HBB is an institute for collecting blood, and helping thalassemia patients. Yes it is, but inside it there are so many things to learn (c.p, History taking, how to donate blood, pricking, blood grouping, manual grouping, cross match, blood washing etc). I realized this at the end of the first week.

10<sup>th</sup> June was my first day at HBB. It was quite difficult for me b/c I have studied engineering..... But later on the entire situation is under control. And I was trying to develop my interest in it.

This program is actually of 15 days. On 1<sup>st</sup> week I observed so many things and to be honest I feel I was becoming irritable for my seniors. Some time they scold me. But as per my habit. I can't stop questioning but I change the time of questioning, I wait for my turn.

On my first day (10<sup>th</sup> June) they gave me the duty at the lab area where there are so many things to learn like blood grouping (manual grouping, cross matching etc) at that time I was a little bit confused, that how could I do all these. Next day I was appointed to observe cross matching. Then I saw how to prick blood bags and what questions should be answered by the donor at the history area. And the last day of my 1<sup>st</sup> week I visited the upper half of Hussaini Blood Bank where I literally enjoyed a lot. You know why because there I met people whom God loves. I know you all had a question in your mind that why I taught this because I have heard from my adult that “God is trying those whom God loves more”. I really learned so many things from them \*Patience, \*self control, \*how to stay happy, \*Not to lose hope etc I learn all these from them, they are very frank and open hearted. They give us a warm welcome..... I really learned that on a single problem, disease. We lose hope and start complaining to God. These are the things which I and you can do but they can't in these 15 days I haven't seen any single person complaining or losing hope. The most important thing which gave me courage that all of them have designed some goal for their future and most of them are studying which is most appreciated and those who can't study due to some reason they also do some work (handy craft, designing etc) and want to support their family..... as the day passes I was really enjoying learning at HBB and try to practice things I have done some of the things by myself which I can't forget like pricking blood bags, taken history and ready blood bags for thalassemia patients.

I did not know how the day passes come and last Day. I was really sad and also feel myself blessed to have had such a great chance for serving humanity. Really when I serve a single person by my small deeds it makes my day

At last I thank to God for giving me the great opportunity. Then Hussaini foundation, Hussaini blood bank and the great Sajada mam.

Thank you

Batool Fatima