



SMILE:)

CDP- HF achievements from January to December 2011

The CDP team work achievements focused on the following main areas:

Parent trainings: The trainings aimed to provide parents with the skills needed to recognize and manage children with behavioral and emotional difficulties using behavior management strategies and creative play activities to improve the home environment. More than 600 parents (mainly mothers) participated in the CDP training conducted at schools and various community center's in



Karachi. The parents highly appreciated the training programme and emphasized the need for regular sessions to be conducted in the future.

Teacher's trainings: Over 300 teachers of local community schools participated in the CDP teachers training programme held at various schools in Karachi.

The trainings aimed to provide teachers with skills needed for early identification and classroom management of common emotional, behavioral and learning problems. Positive feedback was received from the teachers regarding the trainings, follow-up with schools has indicated the effectiveness of the trainings on teachers ability to identify children with difficulties and address these issues efficiently

Youth trainings: In 2011 the CDP launched a new initiative involving community youths. A separate training programme has been designed for youths. The aims of these sessions are to guide the teenagers through this challenging phase of life in light of the social and cultural norms. At the end of the training programme it is anticipated the teens will gain insight into common problems faced at this stage of life and learn ways to manage



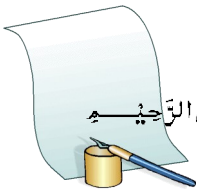
CDP services

The CDP clinical and assessment services has accessed 203 children from January to December 2011.

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Editorial

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

As salaam alykum

On behalf of CDP-HF we welcome you all to the first volume of our newsletter, SMILE:)

The Child Development Project (CDP) runs under the Hussaini Foundation which is a registered NGO with the Government of Pakistan.

We mainly conduct certified training programmes for parents, teachers, youths and professionals in

Ask Us!!!

How can I encourage my child to play with other children?

Some children are naturally drawn to other children. Other children prefer to be alone in their play. This is natural and nothing to be concerned about. However, it is important for children to learn to play with other children to some degree.

Begin by playing with your child as he plays with others. Avoid phrases like "go play with them" or "why don't you want to play with them?" Instead use phrases like "Let's go see what those kids are doing," "I wonder if she wants some help with that?" He might need some direction like "maybe you could help him fill up his pail with sand" or "what if you helped him climb up the ladder?"

collaboration with the Greenwood Institute of Child Health, [University of Leicester](http://www.universityofleicester.ac.uk), United Kingdom.

This newsletter will Inshallah keep you updated and brief you regarding the CDP activities throughout the year.

In this issue, we have tried to share a brief overview of activities carried out in the past year.

The newsletter carries a section where you can ask us questions related to any sort of emotional, behavior or learning problem.

Questions can also be asked related to teenage problems.

It will be our duty to keep the senders name confidential.

Hope you enjoy this first edition.

I'll await your suggestions and comments.

Happy Reading !!!

To learn more about us, log on to <http://cdp-hf.org/> or <http://hussainifoundation.org/>

These phrases will make your child think and imagine what it would be like to engage with other children. As your child begins to interact don't immediately walk away. He might suddenly get nervous and come to you for more guidance. Don't push your child into it. This will only cause him to try and run. Be present in the play as long as your child needs you to. Express your understanding of the fear but also your trust in his ability to learn to play with others. By doing this consistently your child will have the

courage to play with new people and eventually will not need you by his side.



If you have any question and need help with it, we would be happy to serve you!
kindly contact us!



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Lets Explore... the world of special kids!!!

Academic Support Programme (Remedial teaching)

In March 2011 CDP initiated the Academic Support Programme (ASP). The ASP provides educational (remedial) support to pupils with learning difficulty and other specific educational needs. The Remedial classes are conducted by special educational needs expert and other trained and experienced teaching staff..



In this section we will try and share with you what is Learning difficulty, its types and how it can be identified.

Learning Difficulty are problems that affect the brain's ability to receive, process, analyze, or store information. These problems can make it difficult for a student to learn as quickly as someone who isn't affected by learning difficulty.

Types of Learning Difficulty

- ⇒ **Dyslexia** – a language-based disability in which a person has trouble understanding written words. It may also be referred to as reading disability or reading disorder.
- ⇒ **Dyscalculia** – a mathematical disability in which a person has a difficult time solving arithmetic problems and grasping math concepts.

⇒ **Auditory and Visual Processing Disorders**
sensory difficulty in which a person has difficulty understanding language despite normal hearing and vision.

⇒ **Nonverbal Learning Difficulty**
a neurological disorder which originates in the right hemisphere of the brain, causing problems with visual-spatial, intuitive, organizational, evaluative and holistic processing functions.

How To Identify Learning Difficulty

- * poor reading skills, despite having normal intelligence
- * poor spelling and writing skills
- * difficulty finishing assignments and tests within time limit
- * difficulty remembering the right names for things
- * difficulty memorizing written lists and phone numbers
- * difficulty with directions (telling right from left or up from down) or reading maps

What if I suspect my child has a Learning difficulty?

If you suspect your child may have a learning difficulty, do not wait! Have your child evaluated.

For further information on assessment and remedial support available for pupils with learning disability in Karachi, you can contact the CDP team and we will be there to guide you.





Through a child's world

چلو آگے بڑھو، چلو آگے بڑھو۔
سکینہ رضوی۔

How to Teach Montessori at Home

Basic Montessori techniques for toddlers and preschoolers are aimed at giving children some independence, teaching practical life skills and allowing them to learn through their senses. It is fairly easy to set up a Montessori environment at home and to use Montessori techniques with your child.

- * Set up toy's and play area with shelves that are accessible to the child. Have containers for each toy, label them with photographs or pictures. Display books in such a manner that the front of the book is visible.
- * Throughout the day, encourage the child to explore their environment through their senses.
- * Create four different pairs of jars and ask the child to identify the pair that belongs together through smelling.

Cont.... in next issue

بھول نہ جانا اک انمول ہیرا ہوتم
صلاحیتوں کا اک وافر ذخیرہ ہوتم
ذہانت سے لبریز اک دریا ہوتم
زمانے کو اپنے زورِ بازو سے ہلا دو
تم کسی سے کم نہیں ہو، دنیا کو یہ بتلا دو
ہر کٹھن وقت کو صبر و حوصلے سے مٹا دو
یاد رکھو گرسدا سر اٹھا کے جیو گے
کسی سے نہ ڈرو گے، فتح یاب ہو گے
مستقبل کے نئے باب تم روشن کرو گے

